

We invite you to a



COMMUNITY MEETING about the proposed **Coboconk Wellness Centre**

TO ENCOURAGE MORE INPUT, WE HAVE SCHEDULED 2 DATES:

Saturday, July 13 at 10:00 - 11:30 am or Tuesday, July 16 at 6:30 - 8:00 pm

Location: Coboconk Train Station, across from Coboconk Foodland

TOPICS OF DISCUSSION

Provide a project update to the community

Receive input from the community on the project

Join in and give your input...We hope to see you there!



COBOCONK, NORLAND & AREA

Chamber of Commerce

Agenda

1. Introductions
2. Current Challenge & Need for a Wellness Centre
3. Vision for the Wellness Centre
4. Project Overview
5. Accomplishments So Far
6. Short & Long Term Impacts
7. Questions & Discussion



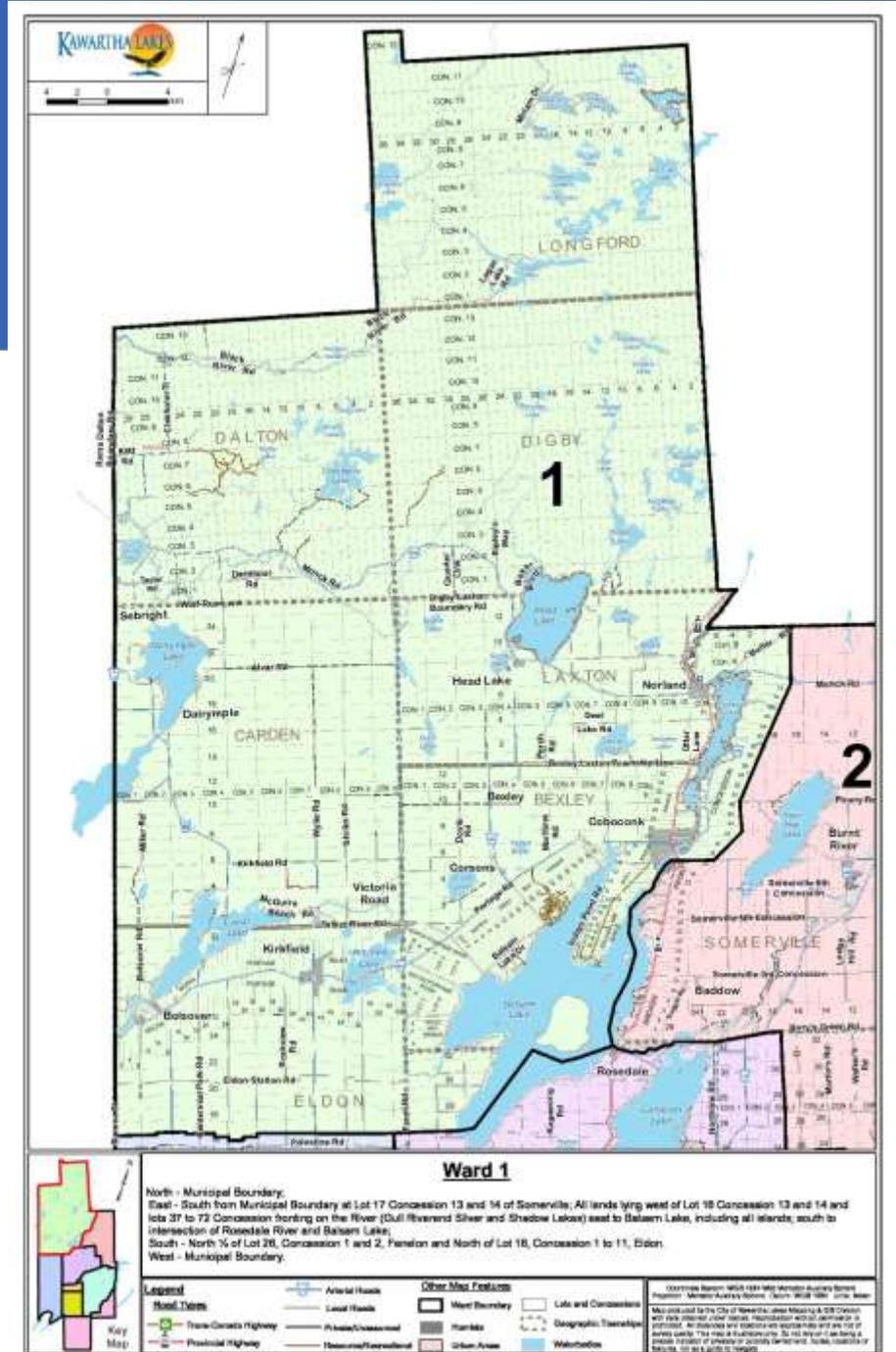
Why is the Chamber involved?

- Mandate to facilitate the improvement of living and social conditions of the area and to facilitate the long-term health and vibrancy of the community as a whole.
- As one member of the Chamber Board expressed it, “We came together 7 years ago to answer the question: how do we help our community? We decided that the Chamber of Commerce model was the best way to accomplish this”.



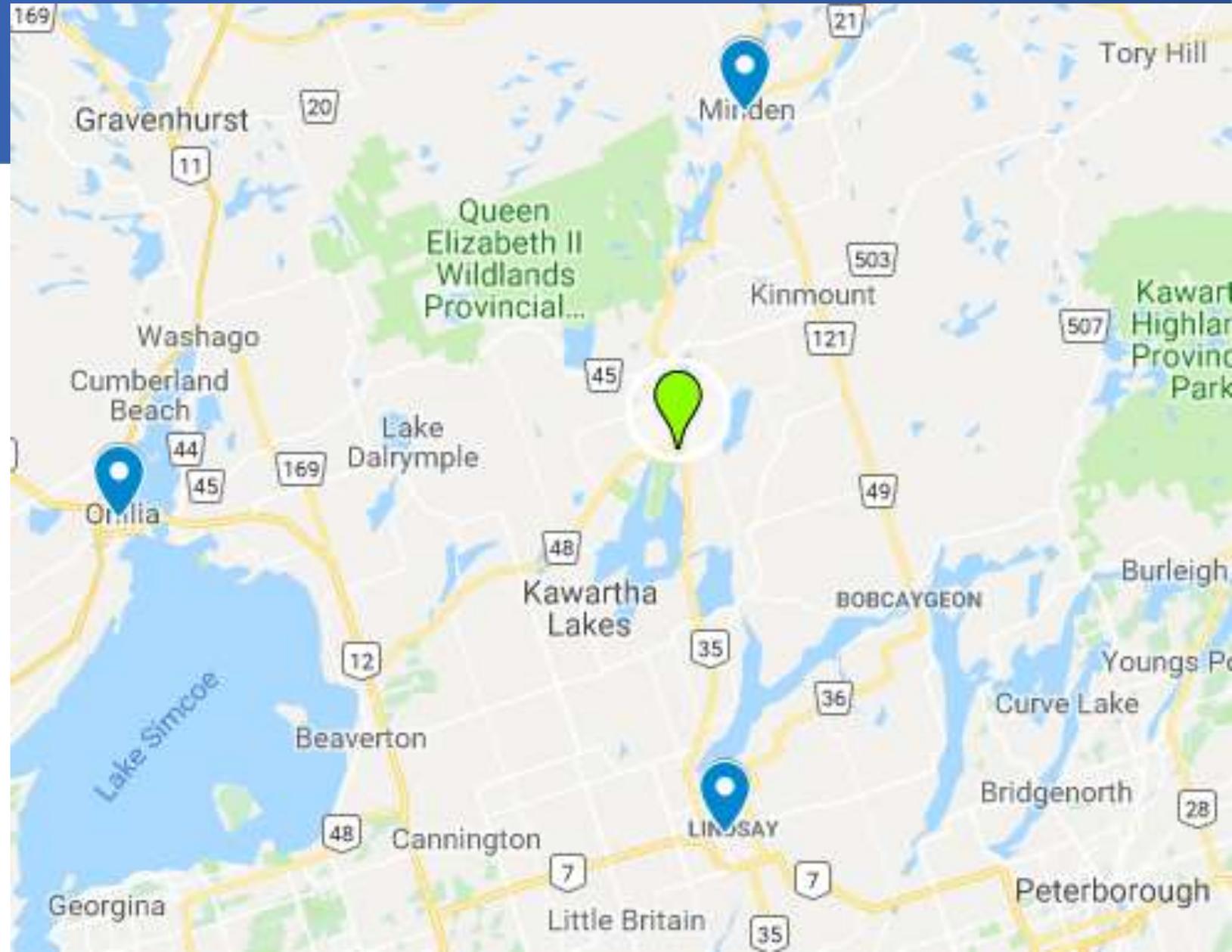
The Current Challenge

- Ward One has a chronic shortage of doctors which has evolved to a crisis level.
- Existing medical centre was demolished; our doctor has been housed by the City in a temporary portable unit, with no guarantee for future.



The Need

Closest Hospitals or Walk-In Clinics are 30 – 60 minutes drive, depending where you are located.



The Need for a Wellness Centre

- Many area residents need to travel between 30 and 90 minutes for a family doctor; lack of rural transit to support this.
- The lack of rural medical services leads to higher hospitalization rates in rural areas.
- Large population of seniors – at higher risks for health issues, and require greater medical services. 75% of Canadians over 65 have at least one chronic health condition and 44% of provincial health care funds can be attributed to this demographic.
- With an aging, rural population, it is important to ensure permanent medical services continue to operate in Coboconk.

The Need for a Wellness Centre (cont'd)

- No rural transit
- No other nearby medical facilities in the area.
- Very grateful to have our Coboconk doctor, but many residents in Ward One are not served locally by the Coboconk Medical Centre and no after-hours care is available.

The Vision

To provide quality medical and wellness services to the residents of Ward One by establishing a permanent wellness centre in the historic Coboconk Train Station.

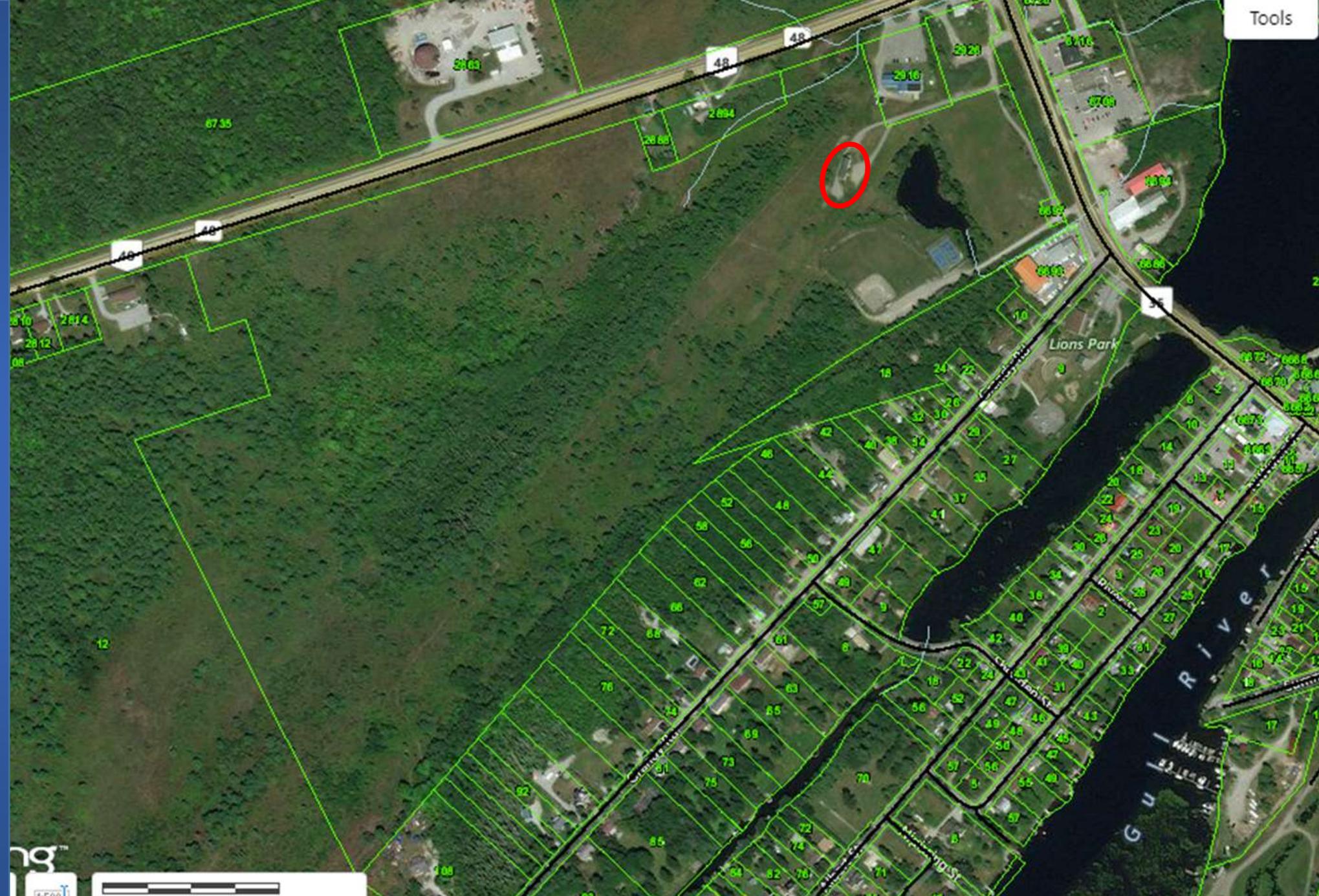


The Concept

- A Wellness Centre located in Coboconk
- To serve as a 'hub for wellness services' in the North
- Providing space for 2-3 doctors, walk-in clinic hours, and other practitioners as identified by the community as needed.

Project Proposal

- Provide the medical services available today, and enhance services provided.
- Renovate and expand the main and top floors of existing Coboconk Train Station facility to accommodate permanent medical services in the community.
- This proposal solves two issues: a permanent facility for the provision of medical and health services, and a new use for the under-utilized train station building.



Proposed Services:

Proposed Essential Services	Other Planned Services	Community Partners
Primary Care (2-3 drs, NPs)	Foot Care	Alzheimer Society
Walk-In Clinic Hours	Laboratory Services	John Howard Society
Pharmacy	Courier Services	Community Care
Dentist & Hygenist	Medical Equipment	United Way
Mental Health Supports: Addictions, Dementia	Oxygen Services	Legal Supports
Pain Management	Services for children	Financial Supports
Optometrist	Affordable Senior Living	Ambulance
Chiropractor, Massage, Physical Therapy	Hospice/Respite Care	Fire & Safety
Nutrition/Dietician	Senior Care Planning & Navigation	
Psychologist	Meeting Space – small & large	
Naturopath		
Telemedicine Capability		

Celebrating Local History

- Restoration, renovation and revitalization of this facility will enable this local history to be preserved and celebrated.
- A portion of the new Wellness Centre will be dedicated to showcasing the history of the facility allowing patients, residents and visitors the opportunity to celebrate the historic impact of the building on their community for so many years.

Key Accomplishments To Date:

- ✓ Public Meeting in Norland June 2018
- ✓ To date, 18 stakeholder groups have been engaged - each group is supportive of the proposed project, including the Coboconk Medical Centre Trust, the Coboconk Railway Station Restoration Committee, and Shedden Historical Society
- ✓ City Staff is supportive of exploring this solution.
- ✓ Deputation to Council Sept 2018 – unanimous result
- ✓ City budget passed in Jan/Feb 2019 that included funds to explore the feasibility of the site.
- ✓ Tours of other small community medical centres to understand best practices.

Key Accomplishments To Date:

- ✓ Shedden Historical Society has agreed to populate the museum exhibits in the building
- ✓ Energetic group of volunteers evaluated the items in the historic train station and cleared out the building last April
- ✓ Engaging with KL Health Care Initiative to understand Doctors' needs to help facilitate Doctor recruitment in the future
- ✓ Discussions with MTO
- ✓ Pre-consultation with the City June 27, 2019
- ✓ Draft funding model
- ✓ Background 'Case for Support' document

Key Accomplishments To Date:

- ✓ Topographical maps in development
- ✓ Preliminary layout drawings of site, exterior, and interior
- ✓ Connections being made to access federal and provincial funding
- ✓ Core group of volunteers leading the project currently include: a builder/planner, engineer, past CEO of Ontario Long Term Care Association, and a project manager

We have been spending a lot of time in the background getting all of our ducks in a row to ensure this is a building the community needs and wants!

Short & Long Term Impacts

- Health and wellness for seniors and families
- After hours medical care available
- Heritage and Culture
- Long term economic impact on the area
 - good quality jobs
 - retention of seniors in our community
 - attraction of new retirees as well as families and professionals
 - attraction of new investment
 - long term positive impact on local businesses

Fundraising

- Exploring all available fundraising sources: ie. 3 levels of government, businesses, and local citizens.
- In order to be successful, it will need community support.
- This is a community project!

